

OTHER GROUPS

This list of self-help groups (which do not fit into other categories) in and around Champaign County is prepared by the staff and volunteers of the Self-Help Center of Family Service. If you don't find the group you are looking for, or if you want to start a group, please contact the Self-Help Center at 352-0099 or by e-mail at lliss@familyservicecc.org.

The following is a key to the coded information that appears before group descriptions: 1. Year group was formed 2. A=Affiliated with a state, national or international group; F=Freestanding group 3. L=Lay run/organized group; P/L=Professional and Lay persons share facilitation/organizational roles in group; P=Professional facilitates and/or organizes group meetings.

Inclusion in this list does not constitute an endorsement or evaluation.

Crime Victims / Offenders

Champaign County

Journey (1997 F,L) This is an advocacy group which raises awareness of alcohol-related deaths. It aids the courts through fundraising and by furnishing video cameras for police agencies to assist in prosecuting offenders. The group also researches effective court models. For information or phone support, call (217) 582-2324. **Call:** Jim or Barb Esworthy (217) 582-2324 **E-mail:** besworth@illinois.edu **Write:** Ogden UMC/Journey, P.O. Box 37, Ogden, IL 61859

Central Illinois

Mothers Against Drunk Driving (MADD Illinois) (1980 A,L) This group provides phone support and victim court advocacy to people who are coping with the loss of a loved one from an alcohol-related crash. MADD Illinois provides assistance with medical, emotional, and legal problems after an accident. **Call:** (217) 523-MADD (6233) or (888) 440-MADD (6233) **E-mail:** kristi.hosea@madd.org **Local Website:** madd.org/local-offices/il **National Website:** madd.org **Write:** MADD Illinois, 2070 W. Monroe, Ste. B, Springfield, IL 62704

Macon

Hidden Victims Phone Support (F,P) This program provides phone support to people who have survived the death of a significant other from a homicide or DUI fatality. The service is provided by the Victim Services Coordinator of the State's Attorney's Office. The service also provides survivors with individual therapy by a licensed therapist. Survivors must be referred to therapy by the services coordinator. Therapy is provided through grant funds. There is no cost. The incident must have occurred in Macon County. Survivors must cooperate in the prosecution of a case. Survivors who reside outside of Macon County may participate in individual therapy if they are able to come to the program. **Call:** Melanie Long, Certified Advocate, Victim Services Coordinator (217) 424-1419 **E-mail:** mlong@sa-macon-il.us **Write:** Melanie Long, Macon County State's Attorney's Office, 4th Fl., 253 E. Wood St., Decatur, IL 62523

Employment

Champaign County

Employment Network and Support Group (2002 F,L) This group provides support for unemployed people and their families. Call for meeting schedule and location. **Call:** Cliff Maduzia (217) 791-1264 **E-mail:** cmaduzia1@sbcglobal.net **Website:** cucoalition.org

Job Club (1981 F,P/L) This group provides a classroom environment to address workforce issues for unemployed and underemployed people. It is free to eligible people under the Workforce Investment Act. Information, support, and development of employment skills are available. Computers, fax machine, telephone, and individual case management are also provided. Follow-up case management is available after exiting the program. Meets Tues. and Thurs. 2:00-4:00 p.m. Call to schedule an orientation before attending. **Call:** Mike Raimer (217) 531-8274 **E-mail:** mraimer@ccrpc.org **Website:** illinoisworknet.com **Write:** Champaign Illinois workNet Center, 1307 N. Mattis Ave., Champaign, IL 61821

Job Seekers (2013 F,P/L) This group provides support and encouragement to people seeking employment. Members exchange job leads, ideas, career strategies, and techniques. The group also provides networking opportunities for people who may be underemployed or unemployed, potential employers, or those seeking better or different work experiences. Meets Weds., 2:00 p.m., Illinois workNet Center, Champaign. **Call:** Tori Grant (217) 531-8282 **E-mail:** rkrandel@ccrpc.org **Website:** illinoisworknet.com **Write:** Job Seekers, Champaign Illinois workNet Center, 1307 N. Mattis Ave., Champaign, IL 61821

Neighborhood Groups

Champaign County

City of Champaign - Neighborhood Services Department This office administers a citizen engagement and participation program which includes a neighborhood registration process for neighborhood watch groups, home owners associations, lake owners associations, business associations, and neighborhood groups. The office provides access to organizational support, technical assistance, and small grant funding for many groups. **Call:** John Ruffin, City of Champaign Neighborhood Services Department (217) 403-7070, (Mon.-Fri., 8:00-5:00 p.m.) **E-mail:** neighborhoodservices@ci.champaign.il.us **Website:** ci.champaign.il.us/departments/neighborhood-services/ **Write:** City of Champaign Neighborhood Services Department, 102 N. Neil St., Champaign, IL 61820

Downtown Neighborhood Association of Urbana (D.N.A.) (1995 F,L) This group advocates for the preservation of neighborhoods in the downtown area of Urbana. It includes community building and crime prevention activities. Membership fees are \$1 for low income individuals, \$2 for regular individual membership, and \$5 for families. **Call:** Dorothy Neumann (217) 344-1427 **Write:** Dorothy Neumann, D.N.A. of Urbana, 301 W. Griggs St., Urbana, IL 61801

Historic East Urbana Neighborhood Association (HEUNA) (2001 F,L) This group serves as a voice in the community to promote building, preserving, and maintaining the small-town, historic nature of east Urbana through surveys, forums, public meetings, educational workshops, and social gatherings. Contact: Christopher Stohr. **E-mail:** cstohr28@gmail.com **Website:** heuna.org **Write:** HEUNA, 501 E. High St., Urbana, IL 61801

Southeast Urbana Neighborhood Association This nonpartisan, community-based organization serves the geographic area bounded roughly by Florida Ave., Lincoln Ave., Windsor Rd., and Philo Rd. in southeast Urbana. Activities focus on neighborhood safety, renewal of the Philo Road Business District, and building community. Annual membership dues are \$5. An annual neighborhood-wide meeting is held each spring, usually in May. Contact: Coordinators, Theresa Michelson, Pauline Mak, and Kathy Wallig. **E-mail:** thmichelson@gmail.com **or:** pmak2206@gmail.com **Website:** sunaurbana.org

United Garden Hills Association (1996 F,L) This group is devoted to promoting neighborhood wellness. A newsletter is available. Meets 3rd Mon., 6:30 p.m., Garden Hills School, Champaign. **Call:** Amy Revilla, president (217) 352-5752 **E-mail:** crar1526@gmail.com **Write:** United Garden Hills Association, 1724 Anita Dr., Champaign, IL 61821

West Urbana Neighborhood Association (WUNA) (2002 F,L) This group preserves the residential integrity of the west Urbana neighborhood by maintaining and enhancing a friendly, attractive, and safe environment. WUNA covers the Urbana area bordered by Main St. (N.), Lincoln Ave. (W.), Vine St. (E.), and Florida Ave. (S.). Participation in the group and listserv to discuss neighborhood issues is limited to residents of the area. Annual dues are \$5 to vote. Meets once a year in the spring. See website for more information. **Website:** westurbana.org **Write:** WUNA, P.O. Box 82, Urbana, IL 61803

Public Speaking

Champaign County

Fireside Toastmasters (2000 A,L) This group provides mutual support and a positive learning environment for developing communication and leadership skills. It fosters self-confidence and personal growth. The new member fee is \$20 and there is an annual fee of \$72. Meets 1st and 3rd Wed., 6:00-7:00 p.m., Champaign Public Library, 200 W. Green St., Champaign. **Call:** Debra Custer (217) 621-0168 **E-mail:** dkcluster@comcast.net **Website:** toastmasters.org

McKinley Toastmasters Club (1947 A,L) This group helps people, ages 18 and older, to develop communication and leadership skills through public speaking. There is a fee for educational manuals and materials. Meets 6:15 p.m. at Champaign Public Library 200 W. Green St, Champaign. Dates vary based on room availability. For the room, ask at the Info Desk or call Tony Audrieth. Check local website to confirm meeting dates. **Call:** Tony Audrieth (217) 352-3840
E-mail: tonyaudrieth@att.net **Local Website:** standandspk.info **National Website:** toastmasters.org

Toast of Champaign Toastmasters (1989 A,P/L) This group provides a mutually supportive and positive learning environment for members, ages 18 and older, to develop communication and leadership skills. It fosters self-confidence and personal growth. The new member fee is \$20 and club dues are \$39 every six months. Guests are welcome and may attend free of charge. Meets Thurs., 12:00-1:00 p.m., Champaign Public Library, 200 W. Green St., Champaign. Ask at library Info Desk or check the website for meeting room location. **Call:** Jeffery Lehmann (217) 722-6988 **E-mail:** jlentp@aol.com
Local Website: toastofchampaign.toastmastersclubs.org **National Website:** toastmasters.org

Veterans / Military

Champaign County

Disabled American Veterans - Champaign County Chapter 8 (1952 A,L) This group provides fellowship and assistance to disabled veterans. The membership fee is \$40 per year. A newsletter is available. Meets 3rd Wed., 6:00 p.m., VFW Hall, 609 Edgebrook Dr., Champaign. **Call:** Bill Anderson (217) 356-4283 (home) or (217) 649-9793 (cell) **Write:** Bill Anderson, 716 W. Maple, Champaign, IL 61820

Military Mom's Prayer Support Group (2004 F,L) This group provides prayer, support, and information to people who have had or have, sons or daughters serving in the military. Fathers, families, and friends of members of all branches of the military are welcome. Call for meeting location and schedule. **Call:** Mary Long (217) 621-8146 or Ann Russell (217) 359-8758
E-mail: yemmalong@yahoo.com **or:** anncrussell@comcast.net

Vermilion

VA Illiana Health Care System - Alzheimer's and Related Dementia Caregivers (1985 A,P/L) This support group is dedicated to improving the quality of caregivers' lives through support and education. The group offers caregivers the opportunity to ask questions, share stories, and learn caregiving tips through discussion, guest speakers, and information from the Alzheimer's Association. Caregivers of nonveterans are welcome. Meets 2nd Wed., 2:00-3:30 p.m., VA Medical Center, Community Living Center (CLC), Conference Rm., Bldg. 101, 1900 E. Main St., Danville. **Call:** LaTosha Hampton, (217) 554-5126 **Write:** Cheryl Rome, MSW, VA Medical Center, SWS-122, 1900 E. Main St., Danville, IL 61832

Women's Issues

Champaign County

Champaign Urbana Illinois Federation of Business Women's Club (1921 A,L) This support and networking group is for women in the Champaign-Urbana area. It is affiliated with a state and international network of women. Membership fees are \$60 for state and local dues. The group also raises funds to support community activities and a scholarship fund. The target for scholarships is women returning to school. Call for dinner reservations and additional information. Meets 1st Tues., 6:30 p.m., dinner meeting at Hawthorne Suites, 101 Trade Center Dr., Champaign. **Call:** Carla Tucker (217) 384-2352 (work)
E-mail: carla.tucker52@gmail.com **Website:** ifbwc.org

Rantoul Business Women's Club (1960 A,P/L) This support and networking group is for working women in the Rantoul area, ages 18 and older. We are affiliated with local and state networks of the Illinois Federation of Business Women's Clubs. Yearly dues are \$45. Transportation to meetings and a newsletter are available. Club meets 1st Wed. at 5:30 p.m., March-June and Aug.-Dec., at places in Rantoul to be decided at each meeting. **Call:** Doris Taylor (217) 893-3412 **E-mail:** h.taylor@mchsi.com
Website: bpw-il.org

SisterNet (1996, F, P) A local Black women's health network committed to the physical, intellectual and spiritual health of Black women and families within Champaign County. Meeting times and locations vary. **Call:** Imani Bazzell (217) 649-6736
E-mail: sisternet@gmail.com

Women for Sobriety (W.F.S.) (1998 A,L) This group provides meetings and phone support to help women recover from problems with alcoholism and/or chemical addictions. This is an alternative recovery program to AA. Meets Mon., 7:00-8:00 p.m. at New Covenant Fellowship, 124 W. White Street, Champaign. **Call:** Sue (217) 355-3921 or W.F.S. national office (215) 536-8026 **E-mail:** newlife@nmi.com **Website:** womenforsobriety.org

Women of Pride (2008 F,L) This group provides a weekly discussion group and opportunities to participate in a wide range of community activities to foster a sense of community among women of all sexual orientations. Meets Fri., 6:30 p.m., 616 E. Green St. Ste. 212, Urbana, IL 61820. **Call:** Sarah Mowitz (217) 244-8863 **E-mail:** mowitz2@illinois.edu
Website: go.illinois.edu/lgbt **Write:** Sarah Mowitz, 616 E. Green St. Ste. 212, Urbana, IL 61820

*For a complete listing of area support groups, visit the Self-Help Center website at
selfhelp.famservcc.org*